

The background features a clear blue sky with a green field at the bottom. Scattered across the sky are numerous semi-transparent white hexagons of varying sizes. On the right side, a vertical trail of colored dots curves upwards, starting from a small green dot at the bottom and ending with a larger yellow dot at the top. The dots transition through colors including green, teal, blue, purple, red, orange, and yellow.

Laminine[®]

Testimonials

I am in the construction business and three weeks ago Larry Kilby gave me some Laminine to try. He knew about my serious health issues. I was diagnosed with diabetes one year ago and hospitalized. I am a type II insulin dependent diabetic. Within 3 days my blood sugar tested the lowest that it ever was since I was diagnosed with diabetes. My blood sugars were averaging 162-180...and now I am testing 111-130. I also noticed a willingness to eat better (I lost 7lb. through this 3 week process of being on the product), I have also suffered from a low grade depression for several years. DEPRESSION IS NO LONGER AN ISSUE.

Through taking the Laminine product, I have been able to endure stressful situations way better than I have ever been able to. Several days ago I was hospitalized with a severe lumbar strain and the doctors told me it would take a minimum of three weeks to return to work. On Laminine I was back to work within 3 days of being released from the hospital.

Out of all of the products I have taken over the past several years that have come and gone, Laminine is the only product that has shown viable results. I really feel that this is only the beginning for what this product will do for me. IT WORKS!
-Steve E.

I am a landscape contractor in CA. One of my associates I subcontract with shared Laminine with me four weeks ago. He just wanted to see if it would make me feel any better. Although I am one of the world's biggest skeptics, I decided to give it a try. I have suffered from severe nerve pain for the past eight years. The pain is spread throughout my entire body. Even after six surgeries, the pain has not subsided (even increased). The second day on Laminine, the pain went away some 80%. It stayed at that level until I stopped taking the Laminine (just to see if it was the Laminine getting rid of my pain). The next day the pain shot back up. I immediately started back on the product and the pain subsided again.

I also noticed that my vision started clearing up. My eyes are great but I just cannot read fine print. By the second or third day I could actually read the fine print.

My blood pressure, however, has been a SERIOUS health issue for me. It usually runs 233/117. After being on Laminine just a few days, my blood pressure dropped 10-15 points, which is major to me. Out of all the medications I have taken, Laminine has done the most for me. I don't know how it does it, BUT IT DOES. Laminine has truly transformed my life.
-Gene H.

Last Wed Dec 23rd you gave me some Laminine and I took it right away, In an hour I felt better, euphoric. In the next few hours less of a headache, less hungry feeling good. Thursday took the pills (2) in the AM and just going along with my day and thinking my neck is not sore 2 bad disc and rested slept. Over the week of taking Laminine I had better sleep (have sleep apnea), less hungry, no neck issues, no night sweats (great to help with sleep to), have skin tags on my body and after 2 days I realize they are gone (30 plus) I have them removed at least yearly. A bump on my hip that has been there for 15 years almost gone, I have had 13 surgeries and some pain discomfort from some of them and that is gone I have 2 bad Achilles and that pain and swelling is gone, for the first time in many years I can walk up and down stairs normal (had to lead with my right leg and drag my left up). I am looking forward to enjoying Laminine as a part of my life so I can enjoy living every day.

-Bob M.

29 yr. old, fit Owner of Fitness Gyms in AZ increases muscle growth and STAMINA in “all areas” with Laminine

I own 2 Snap Fitness facilities with one on its way and I have been training myself for 15 years and have been using vitamin sprays for at least 3 years. I have definitely seen a difference in the quality of the vitamins and most importantly the benefits gained since I switched over from the other stuff I was taking. Most recently the addition of Laminine has been an amazing product for me it has helped me in my workouts with increased stamina increased muscle growth and I have also noticed some significant fat loss. Also, not something I was looking for but very noticeable was the increase in sex drive. I am a 29 year old with absolutely no worries about sex drive and these Laminine capsules increased even MY sex drive which was amazing! All in all I give this new product an A+ !

-Joshua S.

I have been a smoker for 38 years, and my habit has grown to 1 pack a day. I have recently developed a “smoker’s cough” and I realize that the cigarettes are literally killing me. As you know I am not much for taking anything and certainly was not interested in what you had to offer (at first). But you convinced me to “at least try” the product. Deep down I knew I needed a miracle as I hadn’t up to that point been able to quit this habit.

Anyway, even though you weren’t promoting these capsules as a stop smoking product, but rather something that might be able to change my mood and give me the power to make life changes, something miraculous happened to me. After just 3 days on the capsules taking 2, twice a day, I LOST MY URGE TO SMOKE! I am currently smoking only 8 cigarettes a day and I believe the only reason I smoke even that amount is because of the “habit” of having something in my mouth.

I can honestly say that I feel more active and alert than I ever have before, I already got a friend of mine on the capsules who has some issues.

-Paul B. M.

Not “everyone” who tries Laminine gets the immediate kind of “fireworks” experience as so many others have, you’ve been reading about. SOME, on the other hand, are not completely aware of what Laminine is doing until they stop taking it and are able to accurately measure the contrast of just how much Laminine is benefiting them.

I am an active mid twenties athlete. I play tennis, soccer and bike ride at least once per week. I began taking Laminine to see what it could do for my mental focus both at work and while participating in my sporting activities. When I began taking the supplement I didn’t really notice any sudden change apart from a little more energy in the evening time.

After about a week I missed a couple of days where I didn’t consume the supplement. It was then that I noticed the change. I didn’t feel as focused mentally, less energy in my sports and not much desire to get to the gym in the evening after work. I started taking the supplement again the next day and sure enough I felt more motivation to workout after a long day at work.

-Jonathan O.

Some days I seem to have (1) either more energy and/or (2) a greater desire to get my daily tasks done. Overall, I have experienced some gain in energy. However one day I woke up feeling like “who beat me up in the middle of the night?” Some mornings I wake up feeling really ready to get started – more energy – ready to roll with the day! Other days I wake up extremely tired – more so than usual; on other occasions I wake up tired but not overly tired.

An important part of my life is spent serving the LORD on mission fields. But in the spring and summer months, I am busy on my 24 acres of beautiful Kentucky farmland. Following a recent flood, the road entrance to my home was covered with an avalanche of mud and dirt. So my most recent task was to move many, wheelbarrows of mud/dirt uphill to clear the road. Usually after three wheelbarrows my energy level is low. But since I have been on the Laminine, after three wheelbarrows, I still have energy. So I am definitely experiencing an increase in both energy and stamina.

Recently, within a two-day period of work in the hay fields, we moved 1,700 bales of hay. I am not sure whether I had more energy, or whether I just had a stronger “want to” which energizes me to work longer; but however it

came, it was a most welcome experience. Then I began to notice when I shave in the mornings, that my beard seems to be getting longer faster and it also seems to be getting a little bushier. However, I sincerely believe it is too early in the study to be able to determine all the changes Laminine is making.

At the end of the four weeks Microscopy Study on Laminine capsules, I plan to continue documenting my daily results for another four weeks without the Laminine capsules; Then we will be able to more accurately determine whether the accelerated beard growth I am currently experiencing was because of the Laminine or not. This will be my version of a “placebo study.” The director of the Study will monitor my results as a continuation of the current study. She also agrees - this additional month will give us a more accurate assessment of the total overall results of the use of the Laminine extract. I am grateful to have been selected to be a participant in this pioneer study.

-Doug C.

Recently in the past several years I’ve had high blood pressure issues that were affecting me passing the physical for work, and my Commercial Driver’s License. So high blood pressure has been a serious health speed bump. I was a border line patient for medication. I needed to understand that hypertension is not an inevitable part of aging or genetic destiny. Nor is a lifetime of medication the only course of action! The truth is that this is one area of my health that is fully modifiable if I were are willing to commit to some positive changes in my diet and lifestyle.

I took the Laminine capsules for the last couple of months even thru a severe cold that lasted a little over two weeks. I was on many road trips eating away from a normal diet and proper rest. I was called up for an annual physical and to my astonishment I still lost 21 lbs. and the best of all my BP is PERFECT from the doctor!

Neighbors have been noticing my weight loss (transformation) and asking what diet was I on. I can foresee that this product definitely being a HUGE HIT!

-Mike M.

In early 2008 my dad was diagnosed as having Alzheimer's but it was apparent to everyone for several years already that his memory was toast. He is 86 now but his memory was real bad for the last 4 or 5 years already, and becoming a problem to his functions in daily life.

In the fall of 2008 my dad had gone out in his back yard to prune his trees and fell off his ladder and broke his hip causing a lengthy stay in hospital. He had been told the professional people were hired to do this but he "forgot that part". Once he got out of the hospital he had a small car accident which seemed to be due to mental incompetence and his doctor pulled his drivers license.

In early 2009 my elder siblings moved my parents into a seniors care facility because they felt my folks could no longer look after themselves in their own home. My mother was having a real difficult time coping with his memory and changing moods.

In about mid 2009 the doctor had a private meeting with my elder siblings that he felt my father would be very much deteriorated by this Christmas, both in terms of memory loss and life skills functions and my mother would no longer be able to cope with his needs on her own without

daily professional help. He said our family should prepare themselves for big negative changes in his condition "by Christmas". I was not involved in all this in 2008 & 2009 since I was living in Russia or Dubai and could only keep abreast of things by phone & e-mail. My siblings urged me to come home to Canada for this Christmas to be with my dad.

After discussing all this with Bernard I started my dad on Laminine on Sept. 21/09 so now it's almost 3 months. In the past month my father has had a mini-mental exam by his doctor & he told us that he felt our dad was somewhat better. Well, my mother and my siblings had already noticed a degree of improvement on their own. Yesterday (Dec. 10), I had a long private conversation with my folks and they felt he was getting better as opposed to getting worse as he was expected to do.

They do not say that there are miraculous results to shout about, and there are still many instances of short term memory loss; but overall they are quite pleased that there has not been a large step backward in his condition as we had all anticipated. Of course it's hard to know where he would be at now had he not used Laminine at all since that is "the road not taken", but we surmise we have a lot to be thankful for.

My father is restless and wants to drive again. The family is worried about this but he has made an appointment for a medical Exam review of his condition with the Drivers Medical Board and is determined to recover his license. We will not stand in his way. The mental assessment & motor functions will be very difficult for him to pass so we leave this matter up to the doctors. They are obviously not going to put an old man back on the road who has a medical diagnosis of Alzheimer's unless he can satisfy them that he is competent to operate a vehicle again; but just that he is even within striking distance of doing this is a victory in our eyes for what Laminine has done for him.

His doctor does not know that he is using Laminine & is raving about the positive results for the drugs he has him on, but when the smoke clears I hardly think we as a family will be giving the credit to prescription medication,..... we're not that naive.

So the overall report is good & we expect that our father will continue to improve or at least not slip into a hopeless Alzheimer's condition in the near future. It is still early in the game so to speak and at this point we feel we are winning, and for us this is an important step in the right direction.

-Les H.

I have to admit, I approached the idea of taking Laminine very skeptical, and didn't have big expectations, but I liked what I saw in the youtube video and the specifics you shared with me so I figured it couldn't hurt. I started to noticed many positive things that have happened which I'm not sure if they are a direct reflection of the capsules, or if the capsules are enhancing my mood which causes these good things to happen. So here are some details I've encountered.....

1. In one month I have lost 14lbs now. I'm not giving the credit directly to the capsules, however, I have noticed my discipline in my eating habits and motivation to exercise increase to keep my change and lifestyle on the correct path.
2. When exercising, I feel like I can go longer and push myself harder which again helps in my weight loss as I am exerting more energy.
3. Small things, like doing work around the house, or taking the dogs for a walk I do more frequently because I normally wouldn't have the energy to do these things especially after work.
4. I SLEEP BETTER THAN I EVER HAVE!!! When I wake up in the morning I don't feel tired.

5. Without going into details, the libido enhancement does work
6. Generally overall, I feel better, and by eating well, exercising, and sleeping well, the biggest noticeable difference I can tell is my life as a whole, my relationship with my fiance, friends and family have improved, my work performance has increased, and all around, I'm a more pleasant person to be around (Not that I wasn't before or anything).
7. I also missed 2 days of capsules about two weeks ago and I had the worse day ever, it seemed like everything went wrong.
8. I've been exposed two times to people who have been sick, once at home and once in the office, in fact I have an office in which I share with 3 other people, everyone was sick except for me, and I always get sick when I'm exposed.

I've talked to so many people about this product and a lot of people are interested in knowing more, but it speaks for itself when they can see me and my new form mentally and physically.

-Brian C.

I have been taking the Laminine capsules and it gave me ever since January 18, 2009. I not only have been having great results, but have been able to help a lot of people already by sharing the capsules with them. I have received some amazing stories on how the product has benefited them. I decided to stop taking the capsules for a while, just to see what would happen. Believe it or not, I almost immediately started waking up at 3:30 in the morning (I used to always have trouble sleeping). It was then that I realized that the capsules had been allowing me to sleep all the way up to 6:00 a.m. (my usual time to get up and go to work). WHAT AN ACCOMPLISHMENT, to actually be able to get a good night's sleep. I am back on the capsules and loving them.

-Carlos

I have 15 issued patents and 12 pending patent applications, all in the field of chemistry and catalysis. I am 50 and I have been very frustrated with my need to wear reading glasses for the last 4 years. I have taken the recommended dosage for just 4 days and I am shocked to find out I DO NOT NEED my reading glasses anymore!! There is something in the Laminine which goes straight to the health of your eyes. I don't know what it is, but as scientific and data oriented as I am, I don't care! I am just enjoying my ability to read without the stupid glasses!!!

-J.J.

I just wanted to let you know that I got great news the other day at my doctor. Before my blood pressure had gotten up as high as 130/90. The reading this time was 115/75 and the doctor was ecstatic. The only thing I've been doing differently over the last three weeks is taking your capsules. You know that as an attorney I am under constant stress and I was really worried that I would need to make major changes to my lifestyle. I don't know yet if the capsules are the reason for the change, but I'm certainly going to keep taking them.

-Doug McC.

My name is Carlos Andrianzen and I am owner of the Newport Driving School. I first started taking the capsules you gave me on January 18, 2009. You had mentioned that some people initially feel an effect within the first ten minutes. For me, however, it was 22 minutes. I started experiencing tingling. Over the course of the next several days I felt more relaxed and more focused and had a lot more energy. I also noticed that I was not hungry. Yesterday I worked from 6 a.m. to 8:30 a.m. without eating anything. As of today I have been on the product for 4 days and I can honestly say that the capsules are great. I call them "Magic Capsules".

The first day I started taking the product I gave some to my wife, Norma. She began to feel a lot more focus and so far she is still taking the product everyday and she likes it a lot.

BUT WHAT IS REALLY EXCITING IS.....last week I gave the capsule Tomy friend Paul. He is the type of guy that never wants to try anything. I told him, why not give it a try. Well he started taking it and within 2 days he lost his desire to smoke. He was a chain smoker who smoked over a pack of cigarettes everyday for the past 38 yrs. and he was never able to quit. He realizes that the habit was killing him (he developed a smoker's cough). He told me that

just 2 days into taking the capsules, he was down to just 8 cigarettes a day. He said he really has no desire to smoke but that he feels that the "habit" of smoking something is all that is left.

As a result, I am telling EVERYONE about this and getting as many people on the product as possible. I have a lot of experience in network marketing and have in the past sold as much as \$90,000 in one month. I feel I am qualified to know a good thing when see it and I am looking forward to being a part of this company with all it has to offer and getting in on the ground floor of something I feel will be the next BIG THING to hit the market.

-Carlos A.

Dr. Kim Gebrosky, a very good family friend came by the house and asked me to watch a video on this 8 or 9 day old egg, or whatever it was. After watching the Video my curiosity was stimulated a bit but still very cautious as to giving a thumbs up approval. Dr. Kim gave me two capsules that I took and then we started to talk for about 5-10 min. when I felt a tingle feeling in my face around the sinus area where I was developing another congestion issue. I shared this with Dr. Kim and he explained to me that he had taken a few earlier and he felt that same thing. I felt a few pos of relief around the pressure areas of my sinuses and felt really good. Dr. Kim gave me a packet of capsules only if I promised to take them and not set them to the side," He knows me oh to well".

The next morning I took the pills as directed by Dr. Kim and had a good feeling not a caffeine high but a, want to do something good for myself high. I had good self esteem that wasn't a here one moment gone the next. The best word for it is: Euphoria, a state of very intense happiness and feelings of well-being. This is something that has been lacking for a long time in my life. I'm back at the gym everyday and I can't get enough, I feel good about myself, and I'm on a hard core diet. The pill has not stopped my craving to eat , but it has built up my desire to be a better, healthier person. I approach my

LAMININE IS NOT A WEIGHT LOSS PRODUCT...but...this guy Mike has lost over 17 lbs. in the past 3 weeks or so. He went from 49% down to 42% body fat.

physical situation with a positive and meaningful outlook. I have more self-awareness as to how I treat me and what is better for me. Foods don't comfort me, I comfort me.

After just more than a week and losing 12 lbs. I have now entered a contest with Max Muscle, it's a body transformation contest that will last until June 31 of this year. You can follow my success on line. I will be using some of Max Muscle products such as protein drinks, and glutamine.

Without a doubt, I have to contribute 1000% of my success to this incredible Laminine. I'm experiencing a positive mood and gained a better sense of mental soundness and contentedness. I have always had daunting emotions about working-out, unhappiness over my weight, overwhelming waves of jittery gloom or, worst case, had no emotional sensations at all – I now have the ability to feel good, a keen sense of focus, and the ability to see past what I am today, and images of what I will be tomorrow. Feelings of elation, confidence and overall real, raw emotion has found its way back into my life once again.

-Mike M.

My doctor recommended that I try these Laminine capsules, so I started taking 2 in the am and 2 in the early evening. I just went about my day as normal and noticed that when it was time to eat, I wasn't hungry. The second weekend, I visited my cousin and forgot to bring them and I noticed that I wanted to eat the whole day. On Monday, I started taking them again and the cravings went away almost instantly. I also noticed that I wanted to go to bed early and woke up refreshed in the morning.

I told my friend about them and after one week, she was raving about the appetite control and how good she was sleeping. She ordered another months worth already and brings them up in conversation and tells people about how good they work while we are with friends. If I am seeing results and my friend is seeing results, then I have no doubt that others will too. I am very excited about the business opportunity this may bring to me, as I can confidently tell my friends about something that I think will genuinely help them and make them feel better and promote overall health. This should be easy to "share," thereby easy to make money at since it works so well and my friends already seem to be excited about it.

-Kristen

**".....When it was time to eat, I wasn't hungry.....the cravings went away almost instantly."
-Kristen**

I have suffered from a chronic and severe sleep disorder for over 20 years. It is a miracle I am alive as for over these 20 years I slept an average of 1-2 hours every 2-3 days! I went many nights in a row without sleeping at all.

I have tried virtually everything in my desperate and unsuccessful attempts to sleep. I do not take prescription drugs so sleeping pills were out of the question...I did try over the counter and natural formulas with little success...still no sleep! Just when I have given up...Dr. Kim called me to tell me about Laminine, the science and the amazing results people are getting. But the one thing you mentioned that really captured my interest was that some people were sleeping better. Well you can imagine my skepticism with all these years of trying everything...but, you sounded so excited about these results that I thought.."why not?"

Well, frankly I still cannot believe my experience since I began taking laminine just a few short weeks ago. The first night I actually slept a solid hour without waking up. Although promising, I thought it was just my night to get a little sleep. Well after 3 weeks I am already averaging between 3-5 hours of wonderful, restful sleep every night and it is continuing to get better. What a difference this has made not only in helping my sleep disorder...but in my quality of life!

-Carol M.

My name is Stella Carlson, I am 59 years old. February 26, 2009 I fell down and broke the 2 bones of my left leg. Since then, that last 10 months of my life have been devastating because it seems like my whole body suffered the consequences of the accident, not just my leg. My energy went down along with my motivation and my appetite. I was not depressed but I lacked the energy and motivation to keep up my home, affecting my marriage.

Dr. Kim, I have no words to express how many benefits I have received from the first day. I started "Laminine" on December 16th. Because I know that I'm very sensitive, I started with only 2 capsules a day. I have never been a morning person, but the next morning I had more energy than I have ever had. I gradually worked my way up to 4 capsules but it gave me too much energy so I went back to 3. With 3 capsules per day I have a lot of energy, motivation, and my appetite couldn't be better. Also, I've had the energy to keep up my home and my husband looks interested - what's going on here? So he was willing to go and see you and he started taking Laminine that day. So far, his energy has increased and his appetite has adjusted. I'm finally walking normally again. Laminine has benefited me in all the areas of my body that were down.

-Stella C.

Laminine has made a tremendous difference in my life in the last couple of weeks. First, let me tell you that I was hesitant about trying it because I had been on anti-depressants for about 6 months due to my mother's death last year that affected me greatly. However, once I started taking the Laminine, I felt almost immediately the same balance and sense of well being that I had originally experienced once I was on my other medication.

For the last couple of weeks, I started to change my whole health routine with diet and exercise and to include the Laminine on a regular basis. I am now going off of the anti-depressants and am happy to be using a product that is organic and could produce such great results in the way I feel.

My whole well being is balanced. I feel contentment and my emotional levels are all in sync. I wish I had started on the Laminine six months ago as I believe that if I had...I would never have needed the anti-depressant medication at all.

-Renee H.

I am suffering from a upper back injury due to stress and over lifting. My injury has put my day to day routine into a standstill. When you gave me the Laminine capsules on the first day you treated me, I was in extreme pain and was agitated, distracted, frustrated and fidgety due to that pain. I noticed within 30-45 minutes after taking the capsules that even though I was still in pain, I could sit still, watch a movie, move around the house, stay focused on what I wanted to accomplish and did not have the feeling of aggravation and depression.

It is likened to a state of "euphoria" without the feeling of being under the influence of a drug.

I ran out of the Laminine before my third visit with you and the agitation returned. I am very thankful that you suggested these capsules, as I do not take any muscle relaxers or anti-inflammatories.

The Laminine capsules have made it easier to have the patience to let my body heal naturally. I am extremely thankful.

-Michelle

Every mother knows that raising a child can be a stressful situation.

I had four of my own to look after. I devoted all my time to the four kids that I loved, and because of this, regular exercise and nutritional meals were hard to come by. Consequently, I started displaying symptoms of high blood pressure, which had run its course in my family's history. I was constantly lethargic and weary, and gradually felt the energy being drained from me as the months of keeping up with my kids went by. Because of the perpetual fatigue, the drive to workout was not there for me. The day of my annual checkup was the day the doctor finally told me that I had a problem with high blood pressure, and I vowed for a change in my life henceforth, simply because of the ones I loved. I started taking laminine and within four weeks I was a whole different person. My energy has blossomed, my motivation to work out has improved, and my blood pressure has dropped from 155 to 130. Most importantly, however, is the fact that I am getting to fully enjoy the days I'm spending with my loved ones.

-Linda S.

I have only been taking LAMININE for about a week. I've had this ARTHRITIS on my fingers for sometime now. I could not bend my fingers in the mornings without any pain. I can't take any conventional medicine because of the side effects. I have been taking natural herbs, which has been helping me some.

But the morning after I took first two capsules of LAMININE, I could get out of bed more pleasantly and I could use all my fingers without any pain. I thought it was nice but I did not realize what helped me. I didn't sleep well on the 3rd night so I had to get up in the middle of the night to take LAMININE capsules. I don't want to forget to take capsules before I go bed again! I am giving Laminine to my daughters and my sisters and I can wait to share with many other people. I give thanks to our God all mighty and all the people whom are working toward to help people like me.

-Misuk

I am compelled to tell you how wonderful I feel after just 3 days on the laminine. I honestly took this believing it would do nothing for me. I literally expected to feel nothing from this. However, to my complete surprise, I feel almost euphoric. I have been suffering with neck pain from 2 bulging discs for over one year now. In fact just this past week I was up in the middle of the night in tears from pain in my neck. My pain now while it is not completely gone is so much better that I have not thought about it all day like I usually do. I have worked out for over 1 hour yesterday and today with very little pain in my neck. This is amazing considering I have only been able to work out once a week for the past year due to pain. I have awakened these past few days feeling great with energy I have not felt for a very long time. This is really a miracle. Thank you for sharing this with me. I believe God has used you to give people such as myself a new lease on life. God bless you and your work.

-Jill H.

I have had 3 concussions consecutively in 2002. It was a very difficult year and hard to get my memory back. The second concussion I hit my head forward and it was very close to the first concussion so I lost a lot of short-term memory ability. I was working at Disney World and I was waiting on customers ordering food. By the time they ordered and I went to punch it in the computer I had forgot what they ordered. I have what I call brain fogs or brain clouds.

Before the concussions I was very smart and was pretty board in school. After I had to really study and had problems remembering things especially when I was stressed. I made it through nursing school but not without feeling disappointed in myself and frustration with my memory. I have been on antidepressants for years, I take a sleeping pill because my brain doesn't turn off. It have always had a weight problem and currently I am probably 50 pounds heavier then I want to be. I don't eat bad but being a nurse and working 12 hours it is hard to eat at all. It has only been a week and I have been sick, however, after taking the pills I feel good.

My mind feels clear. I have been going around and singing. I have been sleeping better. I don't have cravings for sugar like I used to. I FEEL like working out. I didn't like the word stamina to describe the product because I felt like it was

too much of a male word and had a sexual connotation. However, now that I have taken the product I agree that the word stamina really does describe how it affects me. My 12 hour days are not so unbearable. I still have energy at the end of the day and am not dragging myself home. I don't know if this is a good thing but my skin is oilier. I feel like the pill warms me from the inside out. I would say that I felt a little numb. I didn't have much emotion but I feel like I have become alive again.

This is what I have after 1 week. I am still working on this journey. I am excited to see what the next few weeks brings. I am headed to Cabo San Lucas, Mexico on March 14th and I am looking forward to being swimsuit ready! I am also excited about the way I feel and the emotions I am feeling again. YEAH!

I went to the gym today for the first time since I have been feeling better. I didn't feel well enough to exercise because I was short of breath. Today was an AMAZING workout! I had "stamina" (the word I didn't like at first). I pushed myself hard and didn't really exhaust myself. I WANT to exercise. I WANT to get out and move.

On the food front...foods taste different. Sugars have become too sweet and not satisfying. I crave fruits instead because the flavor of the fruit

is so much more rich. All flavors are stronger. You can taste I eat smaller portions and get full faster. I haven't lost weight as of today. I finally feel better and am excited about getting back to the gym. I have truly been sad that I haven't been able to workout. Yeah for feeling better!

-Connie L.

Thanks so much for treating me to the amazing gift of Laminine. I have been using it now for about 6 weeks and I have never felt better. Although I am on high blood pressure medicine, I have seen a consistent drop in my readings. I have also noticed a tremendous boost to my energy level. Is there anyway to set up an automatic monthly shipment directly to me? I'm spreading the word here in Texas and my supply is going like wildfire.

-Debbie

I initially decided to try it to see if it would have any effect on my ADD. I had tried prescription medications for it in the past and wanted to try something new in an effort to get away from the side effects I had previously experienced. Boy, was I in for a surprise. Although I did see some increase in my attention span, where I really saw the most difference was in dealing with my insomnia. Due to a recent family tragedy, I had been experiencing persistent moderate to severe insomnia. I had tried over the counter and prescription medications. Neither provided more than a few days of relief from my sleeplessness and often had side effects that were worse than being tired. I would often survive on 2-3 hours of sleep per night for many nights in a row. At times I was often cranky, short tempered, unable to concentrate and more than once became delusional.

This all changed on the evening I began taking Laminine. I immediately became able to "turn my brain off" - something I hadn't been able to do before no matter how hard I tried. I can't describe the relief in being able to lay down and know that you will actually be able to sleep instead of laying in bed tossing and turning, eventually getting up exhausted and emotionally unfit to handle my day.

As an added bonus I also saw a reduced intensity in food cravings and a greater ability to make proper food choices despite the fact that it was the week before I was due to start my period. Overall, I would say I had an extremely positive experience and will continue to use your product to combat my insomnia. I know this works as 3 days after I ran out of my first order of product, my insomnia started coming back. I am now as of tonight back on the product with my new supply.

-Stephanie F.

I did notice a burst of energy after taking Laminine for 3 weeks. I was extremely tired during a conference and noticed a difference when I added Laminine to my Juice Plus system. I am a pretty high energy person anyway and have been on Juice Plus for 8 years, but adding Laminine gave me more energy. Just the other day, I did 3 workouts in one day. So, taking Laminine with my already existing nutrition program added more energy, more focus, and an overall good feeling of well being, which we all need during stressful times.

The longer I take it the better I feel.

-Teresa H.